



Health Conference

Supporting the mental health needs of looked after and adopted children

Thursday 3 October, 2019
Apex Quay Hotel, Dundee
10.00am – 4.30pm

THEME

Mental health difficulties can affect children and adults from all walks of life – but looked after and adopted children are more likely to be affected, often due to their difficult early experiences. Health and social work professionals do a valuable yet challenging job of supporting these children, but the area of mental health can feel like a complex labyrinth. With demands on health and social care increasing, and a new emphasis being placed on the importance of children's mental wellbeing, the conference will consider how health professionals and social workers can best assess, plan and deliver services that encourage and support good mental health.

Karen Aldred and **Helen Rodwell**, the two authors of the new CoramBAAF publication '*Supporting the mental health needs of looked after and adopted children*', will present their work and lead discussion focussing on how practitioners can gather crucial information to help understand a child's difficulties and plan how to meet their needs. **Dr Helen Minnis**, Professor of Child and Adolescent Psychiatry at Glasgow University, will speak about her extensive work with children who have experienced early adversity, and the way this learning can inform the way we work with children and their carers. Other contributors to be confirmed.

AIMS

The conference will:

- share updated practice guidance on the best ways to assess and plan for children that properly consider mental health issues in the context of their past experience and current circumstances
- examine recent research findings and practice developments which help to inform health professionals and social workers about ways to provide interventions at the earliest possible stage
- provide opportunities for discussion about how new approaches can be put into practice in the context of the current system in Scotland

WHO SHOULD ATTEND

The conference will be particularly relevant for medical advisers to adoption and fostering panels and other health professionals working with looked after children, children's services social workers and managers, adoption agency staff, independent practitioners and fostering providers, and adoption and fostering panel members.

HEALTH CONFERENCE REGISTRATION FORM

AFA 217

Date: Thursday 3 October 2019
Time: Registration: 9.30am
Conference: 10.00am – 4.30pm
Venue: Apex Quay Hotel, Dundee

DELEGATE INFORMATION

Name: _____
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Organisation: _____
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FEES

Member Rate: £190.00 + VAT (*corporate members only*)
Non-Member Rate: £230.00 + VAT (*non corporate members and NHS health boards*)
Individual Member Rate £170.00 + VAT

CANCELLATION POLICY

After receipt of written confirmation of place allocated	25% of fee
Cancellation between two and four weeks prior to the date	50% of fee
Cancellation between one week and two weeks prior to the date	75% of fee
Cancellation within one week of the date	100% of fee

Please return your completed form to:
Brenda Reilly, Business Support & Finance Manager
AFA Scotland, Foxglove Offices/Gf2
14 Links Place, Edinburgh EH6 7EZ
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