

**What can you
do to support
Adoption Week
Scotland ?**





Why have an Adoption Week ?

- Encourage prospective families to find out more
- Offer the chance to celebrate adoption in Scotland
- Help adoptive families to access available support

Our key themes for the year

FASD



Sibling Relationships

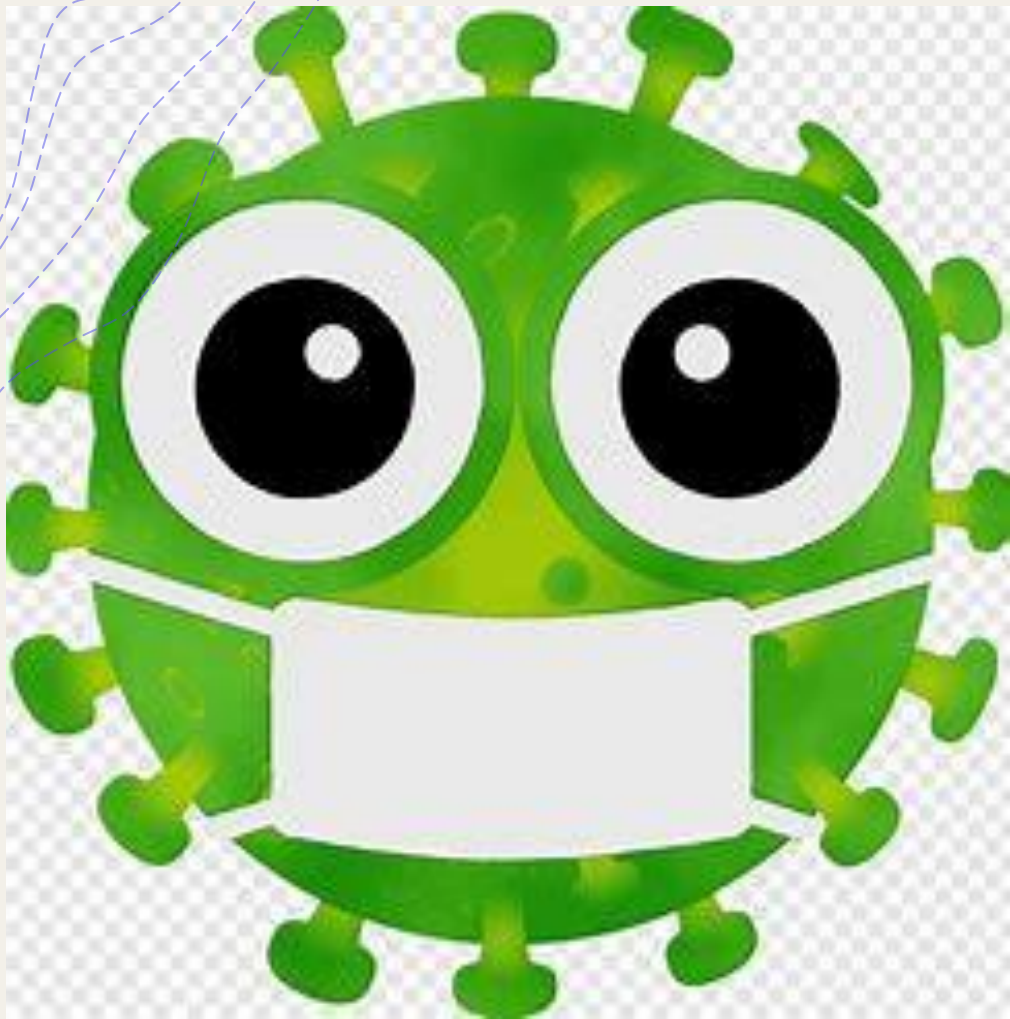


Therapeutic Parenting



Doing it differently this year !!

www.adoption.scot/adoption-week





Spread the word



16th - 20th November

visit www.adoption.scot

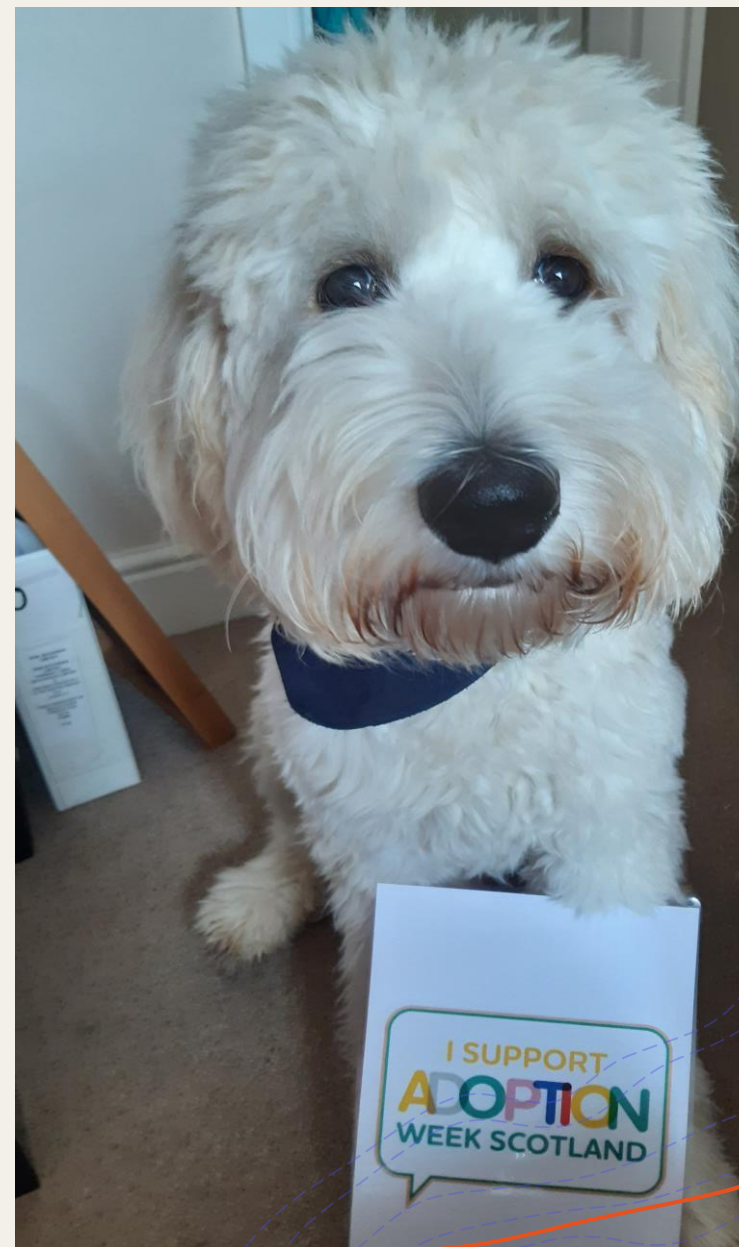
to find out what is on

**Add the Adoption Week Scotland Banner to
your e mail signature**

Show your support on social media

Put the I support Adoption Week Scotland facebook frame on your profile picture - and ask your family to do the same.

Take a selfie with your I support Adoption Week Scotland speech bubble picture and post up - send to scotland@adoptionuk.org.uk for us to put up too.



Like us, befriend us, share us



@adoptionWkScot



Adoption Week 2020



Instagram

AUKSCOT



Show your support at the online events

- by booking up yourself to attend
- by encouraging others to book up

www.adoption.scot/adoption-week

What's On

Family Event - Magic Show with Magic Gareth

SATURDAY 14 November @ 11.00am – 12.00pm

more details and to [book here](#)

Family Event - Jumping Gymnastics

SUNDAY 15 November @ 11.00am – 12.00pm

more details and to [book here](#)

Welcome and Information Event - ideal for prospective adopters and professionals

SUNDAY 15th November @ 7.00pm – 8.30pm

more details and to [book here](#)

Therapeutic Parenting with Dr Karen Treisman

ADDITIONAL TICKETS ADDED

MONDAY 16 November @ 7.30pm – 9.30pm

more details and to [book here](#)

Insight into FASD - Professionals Event

TUESDAY 17 November @ 1.00pm – 3.30pm

more details and to [book here](#)

Maintaining Sibling Relationships

TUESDAY 17th November @ 7.00pm - 8.30pm

more details and to [book here](#)

Ministerial Question & Answer Session

Maree Todd, Minister for Children and Young People

WEDNESDAY 18 November @ 11.00am – 1.00pm

more details and to [book here](#)

Prospective Adopters–FASD and the implications

WEDNESDAY 18th November @ 6.30pm – 7.30pm

more details and to [book here](#)

Legal Question, Q and A with Rhona Pollock, Legal Consultant, AFA Scotland

THURSDAY 19 November @ 7.00pm – 8.00pm

more details and to [book here](#)

Family Event - Instant Family Film Screening and Q&A with Film Director and Adoption Consultant

FRIDAY 20th November @ 6.00pm

more details and to [book here](#)

Family Event - Jumping Gymnastics

SATURDAY 21 November @ 11.00am – 12.00pm

more details and to [book here](#)

Family Event - Fun Science

SUNDAY 22 November @ 11.00am – 12.00pm

more details and to [book here](#)



Get Creative

- + **Great Podcasts - now in the editing suite**
- + **Blogs and Vlogs** - perhaps you have got something to say which relates to one of our themes? It isn't too late to have a go!
- + **Children's Picture Gallery** - we would like some more pictures from our children - anything that relates to family or siblings and what it means to them. To be put up on www.adoption.scot/adoption-week
- + **Have a Tea Party with our kit** - colour in and make cakes - just for fun!
- + **Run your own Adoption Week Event**

Supply any blogs, vlogs, pictures or notifications of event to scotland@adoptionuk.org.uk

Example of a Blog

blogs don't need to be long...or perfect prose...just what you want to say..

Through a difference lens by Adoption Cake

As parents of those who enter our homes as babies or young children, and grow into young people, and become the young adults and parents of the future, we aim to parent through a different lens. Terms like dysregulation, trauma, attachment, wobbles, big feelings, all become 'normal' words in our day to day lives. We talk to one another about baskets, focusing on the big picture, no fighting every battle and sometimes just choosing to not see that 'thing'. Behaviour is a communication and languages of love come in many forms. Our children teach us more than we often feel we will ever teach them. We reflect and realise we have changed beyond our wildest dreams. These were our dreams, our hopes, our desires, a family. But it's a different lens. The rose tinted glasses fell away long ago. Now we know the daily struggles, the fears and realities of seeing the untold hurts our children carry. The realities of the broken connections they once had, the realities of the promises never kept. For our children there could be nothing worse than what they have already experienced, the loss is real. And yet, they bring each and every day a smile, a laugh, a tail of excitement and adventures new. Every day something to learn, something to cherish. The first step, that first scooter, that first tooth. Some we capture, some we see and some we missed long ago. Daily we refocus our lens, daily we remind ourselves they can't help it, daily we look with hope to a future where they will do what every parent hopes and fly the nest. Not because we don't want them here, in fact the total opposite. We hope beyond hope that all that has passed will not hold them back from a future of success and achievement. But that is viewed through a different lens, one that sees success as being able to tie their shoe laces, catch a bus and negotiate the things others see as simple in life. But for our guys they will be massive mountains to climb and conquer, rocks to scales and overcome and a lifetime of repair and resilience. And through that lens they will experience, witness and succeed in life.



Example of a Vlog

<https://www.youtube.com/watch?v=C2ZPLpsg1I0>

This is an example of a Vlog done by Aliy Brown of the FASD Hub

They don't need to be long - a couple of minutes is fine.

Imagine you are being asked a question and answer it.



Keep Spreading the word

